

GRAN CANARIA



Geography

Gran Canaria stands out as one of the most emblematic islands of the Canary archipelago, located in the Atlantic Ocean, northwest of Africa. With an area of approximately 1,560 km², the island is known for its astonishing topographical diversity, ranging from majestic mountains to idyllic beaches.

Pico de las Nieves, at 1,949 metres, is the highest point on the island and a must-see for those seeking panoramic views that span the entire archipelago.

Climate

The climate in Gran Canaria is subtropical, characterised by mild winters and warm summers. Temperatures fluctuate between **20 °C and 25 °C** throughout the year, making the island an ideal destination for visitors at any time of year.



Culture

Gran Canaria's culture is rich and varied, influenced by Spanish, African and Latin American traditions. Among the most outstanding festivities are:

- **Las Palmas Carnival (February-March):** One of the biggest and most colourful carnivals in Spain, full of parades, music and joy.
(<https://www.grancanaria.com/turismo/es/cultura/carnaval-de-las-palmasde-gran-canaria/>)
- **Fiesta de la Rama (4th August):** Celebrated in Agaete, this festivity includes a colourful procession with tree branches and is a tribute to nature.
(https://www3.gobiernodecanarias.org/medusa/wiki/index.php?title=Fiesta_de_la_Rama_de_Agaete)
- **Fiesta de San Juan (23 June):** A popular celebration that takes place in June, with bonfires on the beaches and various cultural activities
(<https://www.grancanaria.com/blog/es/article/san-juan-la-llama-de-la-vida/>)



- **Fiestas de la Virgen del Pino (1 to 8 September):** A religious festival in honour of the patron saint of Gran Canaria, which attracts many pilgrims.
(<https://www.grancanaria.com/turismo/es/cultura/fiestas/fiestas-del-pino/?MP=29542466>)

Nature

Gran Canaria is famous for its spectacular landscapes, which include:

- **Mountains:** They offer breathtaking hiking routes that invite exploration.

Barranco de Guayadeque
Duration: 2-3 hours
Difficulty: Easy to moderate
Features: Caves and unique landscapes
Link: https://www.grancanaria.com/turismo/es/cultura/espaciosarqueologicos/centro-de-interpretacion-del-barranco-de-guayadeque/
Roque Nublo
Duration: 1-2 hours
Difficulty: Moderate
Features: Panoramic views
Link: https://www.grancanaria.com/turismo/es/naturaleza/red-demiradores/mirador-roquenublo/
Cumbres de Gran Canaria
Duration: 5-6 hours
Difficulty: Moderate to difficult
Features: Diversity of landscapes
Link: https://www.grancanaria.com/turismo/es/rutas/ruta-centro/tejeda/

- **Natural Parks:**

-Parque Natural de Tamadaba: Its mountainous landscape and dense vegetation make it a perfect destination for nature lovers and hikers.

<https://www.holaislascanarias.com/espacios-naturales/gran-canaria/parque-natural-de-tamadaba/>



-Parque Natural de Pilacones: With its impressive geological formations and rich biodiversity.

https://www.grancanaria.com/turismo/es/naturaleza/espaciosnaturales/listado/espacio-natural/?id_recurso_natural=2

-Parque Rural de Doramas: It offers green landscapes and hiking trails.

<https://www.grancanaria.com/turismo/es/viajas-con-ninos/parques-y-jardines/parque-doramas/>

-Parque Natural de las Dunas de Maspalomas: An impressive desert landscape stretching over 400 hectares and reaching down to the sea.

https://www.grancanaria.com/turismo/es/naturaleza/espaciosnaturales/listado/espacio-natural/?id_recurso_natural=11



-Parque Natural de Güi Güi: With spectacular cliffs and unspoilt nature.

https://www.grancanaria.com/turismo/es/naturaleza/espaciosnaturales/listado/espacio-natural/?id_recurso_natural=12

Main Points of Geographical Interest

▫ Pico de las Nieves

-An ideal place for hiking and landscape photography.

<https://www.grancanaria.com/turismo/es/naturaleza/red-de-miradores/mirador-pozonieves/>

▫ Playa de Las Canteras

-Recognised as one of the best urban beaches in Europe, ideal for water sports and relaxation.

<https://www.grancanaria.com/turismo/es/playas/las-canteras/>

□ **Mirador del Balcón**

- Perfect for photography and nature observation in a peaceful environment.

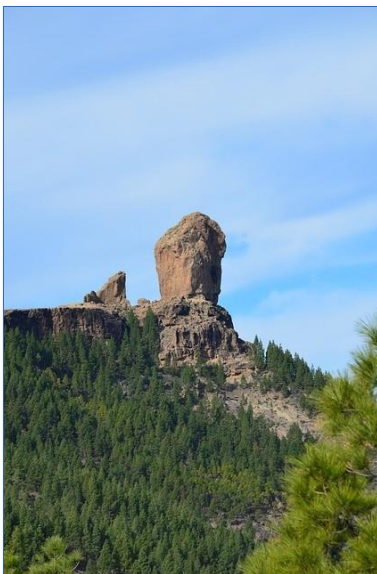
<https://www.grancanaria.com/turismo/es/naturaleza/observacion-de-lasestrellas/miradores-astronomicos/mirador-astronomico-el-balcon/>



□ **Roque Nublo**

-This natural monument offers hiking trails with spectacular views.

<https://www.grancanaria.com/turismo/es/naturaleza/rutas-virtuales/roquenublo/>



Activities

Gran Canaria offers a wide range of activities to suit all tastes:

Outdoor sports
<p>Hiking: Emblematic routes such as the Pico de las Nieves trail and the trails of the Tamadaba Natural Park are ideal for nature lovers. https://www.grancanaria.com/turismo/es/naturaleza/deportes-demontana/senderismo/</p>
<p>Surf:</p> <ul style="list-style-type: none">▫ Beaches such as Las Canteras: They offer good conditions for beginner surfers.▫ Maspalomas: It is also an ideal place for surfing, with wide beaches.▫ El Confital: With challenging waves, it is popular with experienced surfers. <p>https://www.grancanaria.com/turismo/es/viajas-con-ninos/escuelade-surf/aprender-surf-en-gran-canaria/</p>
<p>Cycling: There are many routes for mountain biking, such as those that cross the Barranco de Guayadeque ravine, offering unique views. https://www.grancanaria.com/turismo/es/naturaleza/deportes-demontana/ciclismo/</p>
<p>Diving: Areas such as Puerto de Mogán and Cueva del Palomar https://www.grancanaria.com/turismo/es/nautica/submarinismo/guia-de-inmersiones/</p>

Tourism

- **Beaches:** Gran Canaria is home to numerous golden sandy beaches, perfect for relaxation and various water activities.

-Las Canteras Beach: Considered one of the best urban beaches in Europe, it has a wide stretch of golden sand and a natural reef that protects it from the waves, ideal for swimming and water sports.

<https://www.grancanaria.com/turismo/es/playas/las-canteras/>

-Maspalomas Beach: Famous for its dunes and unique landscapes, this beach offers an extensive area of golden sand and calm waters, perfect for relaxing and surfing.

<https://www.grancanaria.com/turismo/es/playas/maspalomas/>

- San Agustín beach: Less crowded, it is perfect to enjoy the sun and relax.

<https://www.grancanaria.com/turismo/es/playas/san-agustin/>

-Amadores Beach: With white sand and crystal clear waters, it is ideal for enjoying the sun in a relaxed atmosphere.

<https://www.grancanaria.com/turismo/es/playas/amadores/>



-Puerto de Mogán beach: Known as the 'Venice of Gran Canaria', it offers a picturesque and peaceful setting, ideal for strolling and enjoying the local gastronomy.

<https://www.grancanaria.com/turismo/es/playas/puerto-de-mogan/>



Cultural routes

Vegueta Route
<ul style="list-style-type: none">-Location: Las Palmas.-Points of Interest: Cathedral of Santa Ana, Casa de Colón.-Features: Colonial architecture and cobbled streets.
Teror Route
<ul style="list-style-type: none">-Points of Interest: Basílica del Pino, Plaza del Pino.-Features: Local culture and religious traditions.
Agüimes Route
<ul style="list-style-type: none">-Points of Interest: Church of San Sebastian, History Museum.-Features: Traditional architecture and picturesque alleyways.
Route of Arucas
<ul style="list-style-type: none">-Points of Interest: Church of San Juan Bautista, Arehucas rum factory.-Features: Neo-Gothic style and agricultural tradition.

Gastronomy

The island offers a rich culinary heritage that includes typical dishes such as:

- **“Papas arrugadas con mojo”:** A Canarian classic, accompanied by spicy sauces.
- **“Gofio”:** A traditional cereal flour-based food, which is used in a variety of recipes.
- **“Ropa vieja”:** A stew made with shredded meat, chickpeas and vegetables. It is a comforting dish full of flavour.
- **“Chorizo de Teror”:** A typical sausage, spicy and very tasty, which is used in various recipes.
- **“Sancocho Canario”:** A savoury fish stew, usually served with wrinkled potatoes and mojo, accompanied by a salad.
- **Tropical fruits:** Such as bananas, papayas and mangoes, which are highly prized for their flavour and quality.

For more information about the gastronomy of Gran Canaria, visit:

<https://www.grancanaria.com/turismo/es/gastronomia/gastronomia-en-grancanaria/>

LAS PALMAS DE GRAN CANARIA



Las Palmas de Gran Canaria

Las Palmas de Gran Canaria, the capital of the island of Gran Canaria and one of the most important cities in the Canary Islands, is a vibrant destination that combines history, culture and modernity.

For more information about the city, visit:

<https://www.grancanaria.com/turismo/es/rutas/ruta-este/las-palmas-de-grancanaria/>

Nightlife

- **Areas:** The main nightlife areas are Las Canteras and Triana.
- **Means of transport: Easily accessible by bus (bus lines) or taxi.**
(<https://www.grancanaria.com/turismo/es/crea-tusvacaciones/recorre-la-isla/>)

Cultural Events

- **Carnival:** One of the most important in Spain. (<https://lpacarnaval.com/es/>)
- **Las Palmas International Film Festival: Held annually in April.**
(<https://www.lpafilmfestival.com/>)
- **Theatre and Performing Arts**

Las Palmas is home to a wide range of theatre and performing arts throughout the year, with performances of classical theatre, experimental theatre, dance and live music. Some of the main venues are the Cuyás Theatre (<https://teatrocuyas.com/>), the Guinguada Theatre (<https://www3.gobiernodecanarias.org/cultura/ocio/teatroguinguada/>), the Alfredo Kraus Auditorium (<https://auditorioalfredokraus.es/>), and the Pérez Galdós Theatre (<https://teatroperezgaldos.es/>).



Local Markets

- **Mercado de Vegueta:** Ideal for tasting local products.
- **Mercado del Puerto:** A modern gastronomic space.

Contemporary Architecture

The city has a mix of historic buildings and modern constructions, such as the Port Authority Building. (<https://www.palmasport.es/es/>) and La Regenta Art Centre (<https://laregenta.org/>), reflecting an innovative architectural approach.

Shopping Centres and Shopping Areas

- **Las Arenas and El Muelle Shopping Centre:** Modern spaces offering a wide range of shops, restaurants and entertainment options, tailored to the needs of visitors and residents.
 - Las Arenas Shopping Centre website: <https://cclasarenas.com/>
 - El Muelle Shopping Centre website: <https://ccelmuelle.es/>

Technology and Connectivity

The city is equipped with high-speed networks and free Wi-Fi access in public areas, facilitating connectivity for residents and tourists.

Sports facilities

Modern sports facilities, such as the Island Sports Centre and various courts and aquatic centres, promote sport and physical activity.

Parks and Green Spaces

- **Barranco de Guinguada:** This is a natural area ideal for hiking, with paths through the native vegetation offering views of the city and the coast. (<https://lpgcsostenible.laspalmasgc.es/send-a-ciclable-peatonal-barranco-guinguada/>)
- **Viera y Clavijo Botanical Garden:** A natural space that shows the flora of the Canary Islands. (<http://www.jardincanario.org/es>)

Links of Interest to Visitors

<https://www.grancanaria.com/turismo/>

Las Palmas de Gran Canaria City Council

<https://www.laspalmasgc.es/es/>

Public transport

<https://lpavisit.com/es/que-hacer/experiencias/2455-sitycleta2>

<https://www.guaguas.com/>

Outdoor activities

<https://www.grancanariaoutdoor.com/>

Gastronomy

<https://grancanariagastronomica.com/>
